

2014 Vision Plan

MIDPENINSULA REGIONAL OPEN SPACE DISTRICT Celebrating Over 40 Years of Open Space Preservation

VIEWS

QUARTERLY NEWS ON OPEN SPACE PRESERVATION AND PROGRAMS • SUMMER 2015

IMAGINE
the Future of Open Space

TRAIL OPENING

Ancient Oaks Trail Extension - Now Open!

The extension of the Ancient Oaks Trail in Russian Ridge Preserve that connects to the new Mindego parking lot on Alpine Road is now open for hiking, bicycling, and equestrian use. Due to the dry weather, the District was able to open it much sooner than anticipated. The Grand Opening was held on May 7, when visitors and staff gathered to celebrate this new access in to Russian Ridge! Thank you and congratulations to staff that contributed to the building of such a beautiful connection. Happy Trails!

Vision Plan Final Report Ready for Viewing

The Vision Plan, a multi-year project that offers an inspirational view of the future of regional open space, was developed with comprehensive public input and robust scientific analysis. The final report includes 25 high-priority projects aimed at opening preserves, building trail connections, and restoring forested lands. The complete report is available online at www.openspace.org/vp.



Digital Photo Contest Winners

See page 13 for more information.



MEASURE AA



New Land Additions Protect 80 Acres of Habitat for Local Species

The months of March and April marked the purchase of the third and fourth properties conserved through Measure AA funds. In March, Midpen purchased a 40-acre property adjacent to Purisima Creek Redwoods OSP. By permanently protecting this land, Midpen is helping protect the Lobitos Creek watershed, which provides spawning habitat for coho salmon and steelhead trout. This addition will help Midpen fulfill Vision Plan Portfolio #3, which includes protecting and restoring Lobitos Creek. In April, Midpen bought a 40-acre property in the Loma Prieta area of Sierra Azul Open Space Preserve. The property features expansive views of the Santa Clara Valley and provides habitat for migrating birds. This addition moves Midpen closer to fulfilling Vision Plan Portfolio #25, which includes opening the Loma Prieta Area at Sierra Azul. For more information about the Vision Plan and the project portfolios, visit: www.openspace.org/vp.

A MESSAGE FROM THE GENERAL MANAGER



Russian Ridge Open Space Preserve

Supporting Our Life Support System

Like so many of you, this winter I spent more time than I usually do wondering when it was going to rain. It was the same last winter. I mark the progress of the rainy season by the water levels in several ponds that I pass by during my walks in the open space. I watched those ponds stay dry all of last year due to the amount and pattern of the rains, which meant that the Pacific chorus frogs, Western toads, and California red-legged frogs didn't breed at all in those small watersheds. The 2014 age class just didn't happen. Though drier altogether, this year was different. The rains came in a few large

storms and it was enough to fill those same ponds. I was pleased to see that the amphibians, with that pent-up ardor, adapted quickly and the 2015 age class is now doing relatively well, although they will need to spend a good deal of time underground in gopher holes as the ponds dry up again this summer. It's easy to feel helpless during this extended drought, so here at Midpen we are involved in a number of projects that are intended to support the environment and improve water management on the preserves. Here are some examples you might find interesting:

Volunteers remove invasive thistles at Driscoll Pond DR06 in La Honda Creek Open Space Preserve

Over the past six years, we have carefully engineered and rebuilt five major stock ponds in La Honda Creek Open Space Preserve to support breeding of the endangered California red-legged frog. The ponds are designed to hold water only through August so the red-legged frog tadpoles can develop and leave the pond, after which the ponds dry up to prevent the invasive bullfrog from completing its breeding cycle. On Driscoll Ranch, also in La Honda Creek Open Space Preserve, the grazing tenant has installed seven new 5,000-gallon water tanks and 20 new water troughs, all of which are connected to a system of natural springs by 29,000 feet of new pipe. The water finds its way to the troughs, which are set low

to the ground so that wildlife, in addition to cattle, has easy access. The water then flows back into a natural channel and, ultimately, into San Gregorio Creek. The grazing program is managed to maximize native grass and forb diversity, benefiting wildlife, the ecosystem in general, and local food production.

To further enhance water resources, particularly along the San Mateo Coast, the District is discussing a pilot "fog harvesting" project to explore the feasibility of collecting fog, still available in the summer

when we need it, through the use of collectors that act much like the needles of a redwood tree. The object would be to provide additional water for wildlife and agriculture during the summer — particularly during this drought, when it has become much more important. There are a few coastal regions in the world that have substantial summer fog and, fortunately, the San Mateo Coast is one of them.

Taking the long view, Midpen continues to enhance the local environment by purchasing properties, remediating damage and contamination, and restoring the land to its natural state so that it can effectively perform its essential life support

functions of carbon uptake, oxygen production, water purification, food production, and much more. We have done this work for many years and it continues. And while we can't stop the drought or solve every environmental problem, we can manage the resources that you, the public, have entrusted to us so that the actions we take will be part of the solution on a regional scale and, perhaps, serve as an example on a much larger scale.

Stephen E. Abbors General Manager

Midpeninsula Regional Open Space District Board of Directors

Pete Siemens – Ward 1 (Cupertino, Los Gatos, Monte Sereno, Saratoga) | Yoriko Kishimoto – Ward 2 (Cupertino, Los Altos, Los Altos Hills, Palo Alto, Stanford, Sunnyvale)

Jed Cyr – Ward 3 (Sunnyvale) | Curt Riffle – Ward 4 (Los Altos, Mountain View) | Nonette G. Hanko – Ward 5 (East Palo Alto, Menlo Park, Palo Alto, Stanford)

Larry Hassett – Ward 6 (Atherton, Menlo Park, Pescadero, Portola Valley, Redwood City, San Gregorio, Woodside)

Cecily Harris – Ward 7 (El Granada, Half Moon Bay, Montara, Moss Beach, Redwood City, San Carlos, Woodside)

OUTDOOR ACTIVITIES









SUMMER 2015 June – July – August

MIDPENINSULA REGIONAL OPEN SPACE DISTRICT

Rancho San Antonio Open Space Preserve

ACTIVITY GUIDELINES

To Ensure That Your Experience is Enjoyable, Please Review This Important Information

- Please be courteous to other trail users.
 Stay alert and make your presence known to other trail users well in advance, particularly when approaching from behind.
- Hikers yield to horses; bicyclists yield to hikers and horses. Observe trail speed limits (15 mph max; 5 mph when passing).
- Equestrians must provide their own horses (no stallions or rental horses). Lead lines are required and breast collars are recommended for all horses, and helmets must be worn by all riders under age 18.
- Heavy rain within two days prior to a mountain bike or horseback ride cancels the activity.

- For all hikes, wear boots or sturdy walking shoes appropriate for rugged trails.
- Dress in layers (T-shirt, long-sleeved shirt, sweater, and/or jacket).
 The weather can be unpredictable. No matter what season it is, be prepared
- Carry ample water with you to drink.
 Water is not available on preserves.

for rain, wind, fog, or sun!

- Bring sun protection (hat, sunscreen) and insect repellent.
- Restrooms are not always available; please plan accordingly.
- Please carpool if possible. Parking is limited in some locations.

SPECIAL NOTE

If you have a group of 8 or more people who would like to attend a docent-led activity listed here, please contact the Docent Program Manager to discuss in advance at 650-691-1200 or docent@openspace.org. Other arrangements may need to be considered for your group.



GENERAL INFORMATION

With this newsletter in hand and a sense of exploration in mind, we invite you to enjoy the Midpeninsula Regional Open

Space District preserves. These 26 extraordinary preserves include over 62,000 acres of permanently protected open space, from redwood forests to bay shoreline. We encourage you to participate in the wide variety of adventures offered inside Outdoor Activities.

The activity durations listed are averages based on our experience. However, always allow extra time in your schedule for unusual circumstances, or the slower pace of some groups.

You can help by arriving a little early to ensure a prompt start for each activity.

The activities are free, though some require reservations. Heavy rain cancels the activity unless otherwise noted in the description. If there is light rain or the threat of rain, go to the meeting place.

All activities are developed and led by docents who have completed a District training program. These docents volunteer their time to share their knowledge of nature with you. For more information about the volunteer docent program, visit the District's Web site at www.openspace.org, or phone the District at 650-691-1200 weekdays, 8:30 a.m.-5:00 p.m.

Header photos above, left to right: Strether Smith; staff; Amanda Louria; and Liv Ames.

WHERE TO MEET

Directions to preserves featured in this season's schedule of *Outdoor Activities* are listed below. Some preserves have more than one access point. Some activities meet at different locations than where the activity will actually occur. If an activity does not meet at the preserve listed, or if there is more than one preserve access point, the alternate meeting location will be indicated in italics on a separate line tollowing the preserve name as part of the activity header. (For example: **Skyline Ridge** *Meet: Russian Ridge* or **Russian Ridge** *Meet: Caltrans vista point*). If no information follows the preserve name, then refer to the detailed directions for the preserve or alternate meeting location listed below.

Note: Restrooms are not always available; please plan accordingly.

PLEASE CHECK THE LISTED DESCRIPTION TO MAKE SURE YOU MEET YOUR ACTIVITY LEADER AT THE CORRECT LOCATION.



Fremont Older Open Space Preserve

COAL CREEK

Meet at the Caltrans vista point pull-out area opposite Russian Ridge Preserve gate RR01, located on Skyline Boulevard, 1.2 miles north of Page Mill Road and 6 miles south of Highway 84. Those traveling from I-280 on Page Mill Rd. should allow approximately 40 minutes travel time.

DANIELS NATURE CENTER

Park at the Russian Ridge Preserve parking lot on the northwest corner of the Skyline Boulevard (Highway 35) and Page Mill/Alpine Road intersection (across Skyline Blvd. on the right). Walk to Alpine Pond at Skyline Ridge Preserve by going through the tunnel under Alpine Rd. The Nature Center is a small gray building on the east shore of Alpine Pond.

EL CORTE DE MADERA CREEK

Meet at the Preserve parking lot located on the west side of Highway 35 (Skyline Boulevard), about 1-mile south of the Caltrans Skeggs Point parking area and 2.7 miles north of the intersection of Highway 35 and Highway 84.

Skeggs Point: Meet at the Caltrans vista point on the east side of Skyline Boulevard, about 4 miles north of La Honda Road (Highway 84) and 1.5 miles south of Kings Mountain Road. Please note that Caltrans prohibits a left turn into the parking lot when approaching from the north along Skyline Blvd.

LONG RIDGE

Meet at the Peters Creek trailhead/roadside pullout area on the west side of Skyline Boulevard, 3.6 miles north of Highway 9 or 3.3 miles south of Page Mill Road. If you are coming from the north on Skyline Blvd., the pullout is just past Portola Heights Road on the right. From the south, the pullout is near the Palo Alto city limits sign on the right. There is additional parking across Skyline Blvd. at the Grizzly Flat trailhead (Santa Clara County Park).

LOS TRANCOS

Meet at the Preserve parking lot on Page Mill Road (across from Monte Bello Preserve), 7 miles west of I-280 or 1.5 miles east of Skyline Boulevard. Those traveling from I-280 on Page Mill Rd. should allow approximately 35 minutes travel time.

MONTE BELLO

Meet at the Preserve parking lot on Page Mill Road (across from Los Trancos Preserve), 7 miles west of I-280 or 1.5 miles east of Skyline Boulevard. Those traveling from I-280 on Page Mill Rd. should allow approximately 35 minutes travel time.

PICCHETTI RANCH

From the intersection of I-280 and Foothill Expressway, go 3.5 miles southwest (toward the mountains) on Foothill Boulevard/Stevens Canyon Road. Turn right on Montebello Road. The Preserve is 0.5 miles up Montebello Rd. on the left.

PULGAS RIDGE

From I-280, exit Edgewood Road. Drive 0.75 miles on Edgewood Rd. toward San Carlos/Redwood City. Turn left (north) on Crestview Drive, then immediately turn left on Edmonds Road. Follow Edmonds Rd. to the Preserve parking lot entrance on the right.

PURISIMA CREEK REDWOODS

North Ridge parking lot: This entrance is on Skyline Boulevard next to the now closed Kings Mountain Country Store. The parking lot is 4.5 miles south of Highway 92, and 8.1 miles north of Highway 84.



Ravenswood Open Space Preserve

Purisima Creek Road entrance: From the Highway 92 and Highway 1 intersection in Half Moon Bay, travel south on Highway 1 approximately 4.3 miles. Turn left on Verde Road. After turning on Verde Rd. and traveling 0.25 miles, continue straight to remain on what becomes Purisima Creek Road. (Verde Rd. splits off to the right.) Travel approximately 3.7 miles on Purisima Creek Rd. to reach the Preserve.



Long Ridge Open Space Preserve



Gray Hairstreak Butterfly on Mariposa Lily, Rancho San Antonio Open Space Preserve

RANCHO SAN ANTONIO

From I-280, take Foothill Boulevard south and turn right almost immediately onto Cristo Rey Drive. Continue about 1 mile, veer right around the traffic circle, and turn left into the park. Go to the lot farthest to the right and meet near the restroom at the bottom of the hill.

RUSSIAN RIDGE

Meet at the main Preserve parking lot on the northwest corner of the Skyline Boulevard (Highway 35) and Page Mill/Alpine Road intersection (across Skyline Blvd. on the right). Those traveling from I-280 on Page Mill Rd. should allow approximately 40 minutes travel time.

SARATOGA GAP

Meet at the Caltrans vista point on the southeast corner of the Skyline Boulevard (Highway 35) and Highway 9 intersection.

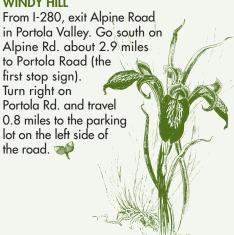
SIERRA AZUL

Meet at the Jacques Ridge parking lot located near the intersection of Hicks Road and Mt. Umunhum Road in San Jose. Exit Highway 85 at Camden Avenue. (From northbound Hwy. 85 turn left on Branham Avenue and then turn left on Camden Ave. and from southbound Hwy. 85 turn left on Camden Ave.) Travel on Camden Ave. 1.6 miles. Turn right on Hicks Rd. and travel for about 6.3 miles. Turn right on Mt. Umunhum Rd. The Preserve parking lot will be on the right.

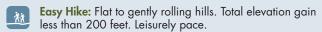
SKYLINE RIDGE

Meet at the Preserve parking lot on Skyline Boulevard located one mile south of the Skyline Blvd. (Highway 35) and Page Mill/ Alpine Road intersection. After entering the Preserve, turn right and go to the farthest parking lot. Those traveling from I-280 on Page Mill Rd. should allow approximately 45 minutes travel time.

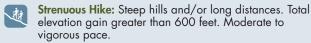
WINDY HILL



KEY TO SYMBOLS







Suitable for children; must be accompanied and supervised by an adult. See the activity descriptions for any age récommendations.

Wheelchair accessible.

Stroller accessible. Jogger-type suggested.

Bring a lunch, dinner, or snack as appropriate.

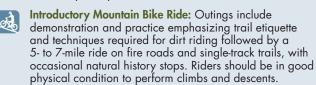
Well-behaved and socialized dogs are allowed, and must be controlled on a maximum six-foot leash.

Equestrian Ride: Riders under age 18 must wear a helmet. Lead lines are required and breast collars are recommended for horses. Equestrians must provide their own horses (no stallions or rental horses).

Reservations Required: Reservations for activities requiring them will only be accepted within the two (2)-week period just before the activity date. To make a reservation or a cancellation, visit the District's Web site www.openspace.org/reservations or call 650-691-2150 (enter Option 2). If you provide information prior to the reservation acceptance period, it will not be processed. Please limit your reservation to a maximum of four (4) people.



Easy Nature Ride: Slow, leisurely pace, minimal climbing, and multiple stops to observe nature.



Intermediate Mountain Bike Ride: Intended for participants with dirt single-track riding experience; able to climb and descend steep and moderately-rough trails. Recreational ride at a moderate/brisk pace, 8+ miles on a wide range of fire roads and single-track trails. For experienced riders in very good physical condition with good endurance.



Advanced Mountain Bike Ride: Intended for participants with dirt single-track riding experience; competent at climbing and descending steep and rough trails. Moderate to fast pace, 10+ mile ride on a wide variety of trail conditions. For experienced riders with a high level of physical fitness and excellent endurance.

For all rides, bicyclists must wear helmets and bikes must be in good condition, and the participants must be very familiar with the operation of gears and brakes. Mountain bikes are strongly recommended for all except the Easy Nature Rides. Easy Nature, Introductory, and Intermediate Rides include a natural history component that is provided by the docents during the rest stops. Advanced rides develop and improve mountain bike skills - any natural history discussion stops are secondary to the overall riding experience.



Healthy Parks, Healthy People - Bay Area: Introductory level and easy to moderate activities for people of various ages. Some activities have a health and wellness focus.

JUNE

Nature's Garden in Spring

Tuesday • June 2 Monte Bello 10:00 am - 1:00 pm





Docents Vivian Neou, Bruce Hartsough, and Debbie Mytels will lead this leisurelypaced, 4-mile hike along the White Oak and Stevens Creek Nature Trails as you look at nature's garden in summer. You'll see what's flowering as well as "sleeping" and discuss how various native plants can fit into your own garden plan.

Explorer Hike: Lower Windy Hill

Wednesday • June 3 Windy Hill 10:30 am - 2:30 pm







Enjoy searching for late spring wildflowers and other natural wonders with docents Laura Levin and Lynn Jackson. You'll hike



at a leisurely pace for 4.5 miles along the Spring Ridge, Meadow, Betsy Crowder, and Eagle Trails. Along the way, you'll view , Sausal Pond and follow a portion of lovely Corte Madera Creek.

Giant Trillium, Windy Hill Open Space Preserve

From Pond to Pond

Saturday • June 6 Skyline **Ridge** 9:00 am - 1:00 pm







Explore the changing habitats of the Skyline Ridge area from mixed evergreen forest of Fir Knoll Trail to the riparian habitats of Horseshoe Lake and Alpine Pond, to the meadows of the Sunny Jim Trail and the oak woodland of the Ipiwa Trail. You'll look up close at plants and wildflowers and try to spot wildlife on this 4-mile hike with docents Noa Doitel and Susan Bernhard, while enjoying vast views of the hills rolling down to the ocean.







Summer Nature Pays 2015 **Pay Camp Adventures**

Amazing fun for children entering grades 2-6

Adventures await you ... discover bugs, birds, plants, creeks, and more through science, games, crafts, and other activities!

Co-sponsored by the Midpeninsula Regional Open Space District, City of Mountain View - Shoreline Park, and Santa Clara Valley Audubon Society.

Participate all week or for a mini-week

(Monday-Wednesday, or Wednesday-Friday)

Monday July 20 @Picchetti Ranch Preserve, Tuesday and Wednesday, July 21 and 22 @ McClellan Ranch Preserve Park, Thursday July 23 @ Shoreline Park, and Friday July 24@ *Skyline Ridge Preserve (transportation provided*) Registration fee applies. Deadline to sign-up: June 15th

For registration and detailed information, visit www.scvas.org or call 408-252-3740.

Climbing the Flanks of Mt. Umunhum

Saturday • June 6 Sierra Azul 10:00 am - 1:00 pm







Join docents Dave Kocsis and Patty Lovelace on a steep ascent up the flanks of Mt. Umunhum on the remote Barlow Road, followed by lunch at Bald Mountain with a grand view of the Coyote Valley, and an easy descent back to the starting point. This is an 8-mile, moderately-paced ride with about 1,400-feet of climbing. Reservations are required and will be accepted on or after May 21.

Ohlone Medicine

Saturday • June 6 Long Ridge 10:00 am - 2:00 pm





Native Americans, including California Indians, had a great number of uses for the plants growing on their lands. A primary use was medicinal. Join docents Sarah Schoen and Kim Borick on this 5-mile hike exploring the Peters Creek and Long Ridge Trails, with a lunch stop overlooking the western slopes of the Santa Cruz

Mountains. Learn ways that select native plants were used to treat a number of ailments before the introduction of modern medicine.



Saturday • June 6 Monte Bello 5:45 pm - 10:30 pm







Discover night's natural wonders with docents Debbi Brusco, Katherine Greene, Jack Owicki, and Paul Billig. You'll hike about 4.5 miles at a leisurely to moderate pace on the Canyon and Indian Creek Trails, with extended stops for interesting

sights and sounds. Bring a flashlight with a red covering or filter if you have it, your meal, and plastic to sit on. Capable, attentive children age 10 years and older are welcome. Reservations are required and will be accepted on or after May 21.

Stop In and Explore

Saturday and Sunday June 6 and 7 **Daniels Nature Center** 12:00 noon - 5:00 pm









A summer outing awaits you...bring family and friends to visit the Daniels Nature Center on Saturdays and Sundays this summer between 12:00 noon and 5:00 pm. You can enjoy an audio nature tour hike (listening devices are available to "check out"), view displays about natural communities and larger-than-life pond strata mobiles, observe live aquatic organisms "borrowed" from Alpine Pond with the assistance of a docent, or enjoy a picnic with your companions on nearby tables (pack out your own trash please). The living is easy – come and see!

Jonathan Livingston Seagull

Sunday • June 7 Skyline Ridge Meet: Russian Ridge 10:00 am - 2:00 pm







Enjoy a walk from the David C. Daniels Nature Center at Alpine Pond to Horseshoe Lake and back with docent Ed Lange. You'll enjoy a short lunch break and discussion of Richard Bach's novel, "Jonathan Livingston Seagull" on this 5-mile hike. There's more to this bird than first meets the eye.

Earthquake Walk

Sunday • June 7 Los Trancos 2:00 pm - 4:30 pm





Join docents John Wertzler and Alisa Stutzbach for a fun and educational hike along the San Andreas Fault. On this 2- to 3-mile stroll, you'll discuss the wonder of plate tectonics, examine remnants left by thousands of major earthquakes, and learn how to prepare for future earthquakes.

A Sense of Community at ECdMC

Tuesday • June 9 El Corte de Madera Creek Meet: Skeggs Point 9:30 am - 1:30 pm





Join docents Lina Mesa and Liz Foreman and enjoy a summer hike under the fir trees. Explore the variety of natural communities and the plants and animals found in them as you hike along the Tafoni, Resolution, and Fir Trails. This moderately-paced hike will cover 6 miles with steep and uneven terrain, including several hills.

Scenic Aerobic Hike

Wednesday • June 10 Pulgas Ridge 10:00 am - 1:00 pm



Join docents Katherine Jen, Huey-Shin Yuan, Louise Casey, and Vivian Neou for a 4-to

6-mile, moderately-paced, exercise focused hike. Each quarter, "Scenic Aerobic" hikes will be offered in different Preserves. The route of each hike will be determined by the docents based on trail and weather conditions.

Insect Exploration Hike

Saturday • June 13 Monte Bello 10:00 am - 12:00 noon





Join docents Sara Witt, Jack Owicki, Gerri Tiernan, and Tom Schoderbek on a 2.5-mile, slow-paced exploration hike along the Canyon Trail as you search for insect pollinators, grounddwelling insects, and many others. Along the way you'll learn a little bit about the different insects encountered and the species of plants that they feed on and pollinate.

Search for the Everlasting

Saturday • June 13 Picchetti Ranch 10:30 am - 3:00 pm





A 0 K

Join docents Bob Segalla and Greg Azevedo to enjoy the excitement of this Preserve so close to home. You'll discover if the everlasting plant smells like maple syrup to you. A lovely view also awaits you along the Orchard Loop and Zinfandel Trails and you can listen to the sound of Stevens Creek as you enjoy lunch at a Santa Clara County Park picnic area. Capable children can handle this moderately-paced, 4-mile hike with a couple of 200-foot climbs. A visit to the Picchetti Winery for tasting is optional (on your own) at the hike's end.

Dusky-footed Woodrat and Friends

Saturday • June 13 Pulaas Ridae 5:45 pm - 10:00 pm









Join docents Vivian Neou, Huey-Shin Yuan, and Grea Hughes on a search for the dusky-footed woodrat. On this 5-mile hike, you'll traverse the Preserve on the Blue Oak, Dick Bishop, and Dusky-footed Woodrat Trails as you look for signs of the duskyfooted woodrat and other creatures of the night. There will be a stop to enjoy a meal and take in the views. Bring a flashlight with a red cellophane covering (if you have it),

your meal, and plastic to sit on. . Capable, attentive children age 10 years and older are welcome. Reservations are required and will be accepted on or after May 28.

Stop In and Explore

Saturday and Sunday June 13 and 14 **Daniels Nature Center** 12:00 noon - 5:00 pm







(Please see the activity description for June 6.)

Waterwheel Downhill Mountain Bike Ride

Sunday • June 14 Monte Bello Meet: Picchetti Ranch 10:00 am - 3:00 pm







Join docents Patty Lovelace and Dave Kocsis for a high-intermediate, 18-mile mountain bike ride. From the beautiful Waterwheel Creek Trail you'll ride most of the single track and fire roads in Monte Bello Preserve before heading out to Stevens Canyon Road and back to your carpool location. The route is mostly downhill (about a 2,200-foot net descent), but riders will climb more than 1,700 feet along the way. (Note: Participants will carpool from the meeting location to the trailhead). Reservations are required and will be accepted on or after May 28.

What Makes it Chaparral?

Sunday • June 14 Pulgas Ridge 2:30 pm - 4:30 pm





Chaparral characterizes much of the local landscape. This 2.4-hike will examine what chaparral is and why you'll find it locally. Docents Kandis Scott and Sam Berry will help you compare chaparral to other natural communities during this leisurely-paced outing.

El Corte de Madera Creek Tour

Wednesday • June 17 El Corte de Madera Creek 10:00 am - 3:00 pm





Join docents Huey-Shin Yuan and Vivian Neou to explore this beautiful and heavilyforested Preserve along the Sierra Morena, Gordon Mill, Steam Donkey, Springboard, Lawrence Creek, Timberview, Manzanita, and Methuselah Trails. You'll take a side trip and visit an old growth redwood tree. This vigorous hike is a fast-paced 10-mile workout with 2,000-feet of elevation gain.

> Illustration by Robert Moncrieff





Explorer Hike: Late Bloomers Wednesday • June 17

Coal Creek 10:30 am - 2:30 pm





You'll be surprised at what late-blooming flowers can be found at this Preserve even in this era of drought and high temperatures. You'll search for wildflowers with docents Dennis Smith, Kate Gudmundson, and Lynn Jackson as your guides on this 5-mile excursion.

Monte Bello Hills Ride

Saturday • June 20 Monte Bello Meet: Picchetti Ranch 9:00 am - 12:30 pm





Join docents Linda and Glenn Wegner to ride 5 miles up the mainly paved Montebello Road and then onto fire roads and single-track trails of Monte Bello Preserve, including the Bella Vista and White Oaks Trails before heading back via the Stevens Canyon Trail. Experience with longer rides and single-track trails is required. This advanced ride covers 22 miles with approximately 2,000-feet of climbing. Bring a power snack and water. Faster riders/climbers can start the ride with Glenn at 9:30 am instead of 9:00 am.

Nature at Night

Saturday • June 20 Pulgas Ridge 5:00 pm - 10:30 pm







Discover what creatures are active at night in the lower hills with docents Debbi Brusco, Katherine Greene, and Lynn Jackson. You'll hike 4.5 miles with approximately 700-feet of elevation gain at a moderate pace, traveling slower on steep sections. After dinner along the trail, you'll hike quietly; perhaps a mammal will make itself known. Bring a flashlight with a red cellophane covering (if you have it), your meal, and plastic to sit on. Close-focus binoculars may be helpful. Reservations are required and will be accepted on or after June 4.

Stop In and Explore

Saturday and Sunday June 20 and 21 **Daniels Nature Center** 12:00 noon - 5:00 pm









(Please see the activity description for June 6.)

Morning on the Mountain

Wednesday • June 24 Purisima Creek Redwoods Meet: North Ridge parking lot 9:00 am - 12:45 pm



You'll enjoy walking down and then back up the old redwood tree logging roads with docents Liz Foreman and Dick Opsahl. This 7-mile hike provides scenic views of the redwoods along the Harkins Ridge Trail, and lovely ferns and a creek alongside the Whittemore Gulch Trail. This is a moderately-paced hike with uneven terrain and steep inclines climbing the trails back to the parking lot on Skyline Boulevard.

Hide and Seek

Friday • June 26 **Los Trancos** 9:30 am - 12:30 pm







Experience beautiful views of San Francisco, and possibly Mount Diablo, from the top of the hill with docents Farhana Kazi, and Bill and Marilyn Bauriedel. On this 3-mile hike, you'll lose yourself to the whispers of the Lost Creek Loop Trail. Enjoy the trickling sounds of a creek, and find yourself in the presence of a hidden Buddha. The tranquil surroundings will rejuvenate your heart and soul. Those interested in learning about the San Andreas Fault are welcome to stay at the hike's end and do some self-guided exploration.

Exploring Teague Hill

Saturday • June 27 Teague Hill Meet: See text below 9:00 am - 1:45 pm





Join docent Steve Warner, Huey-Shin Yuan, and Theresa Walterskirchen for a 9-mile hike through this little known treasure along the San Francisco Peninsula. You should be in excellent physical condition and able to move at a relatively brisk pace. Due to the little developed trail system at this hilly Preserve, with mostly uneven surfaces, this hike is suitable for participants who are in excellent condition. The pace will be vigorous with 2,000-foot elevation gains over a relatively short distance so participants must stay with the group. (Note: Directions to the meeting location will be mailed and participants will carpool to the trailhead.) Reservations are required and will be accepted on or after June 11.



Monte Bello Open Space Preserve

Stop In and Explore

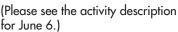
Saturday and Sunday June 27 and 28 **Daniels Nature Center** 12:00 noon - 5:00 pm











Introductory Geocaching for Families

Sunday • June 28 Skyliné Ridge Meet: Russian Ridge 10:00 am - 2:00 pm









This fun and interactive outing is great for families and children (who can hike for 3 miles). Join docents Bill Overall and Lyndall Erb, and REI Outdoor School Instructor Steve Wood to search for geocaches, or hidden treasures, using GPS units supplied by REI (or you can bring your own units). Bring small trinkets to trade for objects you'll find in the caches. This activity is an introduction to geocaching and is geared toward the first-time geocacher. (Note: This activity includes some off-trail hiking; long pants are recommended.) Reservations are required and will be accepted on or after June 11.

JULY

Explorer Hike: Going South

Wednesday • July 1 Saratoga Gap-Long Ridge Meet: Saratoga Gap 10:30 am - 2:30 pm







Start this excursion at Saratoga Gap Preserve with docents Kate Gudmundson, Lynn Jackson, and Laura Levin to explore the southern reaches of Long Ridge Preserve. You'll hike both the Nutmeg and Red Mountain Trails on this moderately paced 5.5-mile exploration.

View from the Ridge

Saturday • July 4 Long Ridge 10:30 am - 3:30 pm







Join docents Bob Segalla and Steve Brugler to explore what this Preserve has to offer. You might see newts along the lush Peters Creek Trail and enjoy a tranquil pond, green forests, ridges, and grasslands. You'll stop for an ocean view at the Stegner bench. This moderatelypaced, 5-mile, 600-foot elevation change hike is suitable for capable children.

Stop In and Explore

Saturday and Sunday July 4 and 5 **Daniels Nature Center** 12:00 noon - 5:00 pm









(Please see the activity description for June 6.)

Earthquake Hike

Sunday • July 5 Los Trancos 2:00 pm - 4:30 pm





(Join docents Strether Smith and Debbie Mytels, and please see the activity description for June 7.)

A Sense of Community -**Pulgas Ridge**

Tuesday • July 7 **Pulgas Ridge** 9:00 am - 12:00 noon



Enjoy the heat and serenity of summer at this Preserve. Join docents Lina Mesa and Liz Foreman on this 4.5-mile, moderatelypaced hike with hills (800-foot elevation) and uneven terrain. You'll explore a variety of natural communities including oak woodland, grassland, chaparral, and riparian habitats. You'll observe and learn about the plants, trees, and animals in these communities. You'll hike the Blue Oak, Dusky-footed Woodrat, and Cordilleras Creek Trails.



Pulgas Ridge Open Space Preserve



Skyline Ridge Open Space Preserve

Scenic Aerobic Hike

Wednesday • July 8 Skyline Ridge 10:00 am - 1:00 pm



(Please see the activity description for June 10.)

Hike for Health at Rancho

Friday • July 10 Rancho San Antonio 10:00 am - 1:00 pm





Join docents Farhana Kazi and Anna Miller on a moderately-paced, 5-mile hike to enhance physical fitness, stimulate the senses, and experience the diverse wildlife of this Preserve. You'll be hiking on several different trails shaded by madrone, oak and bay trees. There will be a break at a vista point to enjoy the panoramic view. More than half of this hike with considerable elevation gain is expected to be in cool shade.

Walk with a Doc

Saturday • July 11 Ravenswood 10:00 am - 11:00 am









Note: This is a program of the San Mateo County Medical Association offered in partnership with the District.

Enjoy a stroll on a Preserve with bilingual physician volunteers who can answer your health questions. All ages are invited to participate in this free community health program offered at various Preserves this summer. Walkers receive a free pedometer, bottled water, and a healthy snack. Join in . . . and take a step toward better health! Sign-up at smcma.org/calendar/ smca-events/walk-with-a-doc-signup or by phone (650) 312-1623.

Stop In and Explore

Saturday and Sunday July 11 and 12 **Daniels Nature Center** 12:00 noon - 5:00 pm







(Please see the activity description for June 6.)

Banana Slug Redwood Ride

Sunday • July 12 **Purisima Creek Redwoods** Meet: Purisima Creek Road entrance 10:00 am - 1:00 pm







Join docents Patty Lovelace and Dave Kocsis for a ride through the enchanted redwood forest of this Preserve. You'll meet at the coast and leisurely ride/climb up to Skyline Boulevard, observing the many facets of life in the redwoods as you go. After a rest at the top, you'll ride back down to sea level on some of the best single-track trails around, through the fog or sun – depending on the weather - with fantastic coast views. This intermediate ride will cover a total distance of approximately 11 miles with 1,800-feet of climbing. Reservations are required and will be accepted on or after June 25.

Redwood Summer Hike

Sunday • July 12 El Corte de Madera Creek 10:00 am - 3:30 pm





Take a break from the summer valley heat and make your way to the redwood trees that are often covered in cool fog when the Bay Area is sweltering. Join docents Paul Billig and Mary Bernstein to explore the forest in this popular Preserve. The hike will cover 6.5 miles and include over 1,000-feet of elevation gain along numerous trails.

Chill and Hike in the Redwoods

Thursday • July 16 Purisima Creek Redwoods Meet: Purisima Creek Road entrance 9:00 am - 2:00 pm







Escape the summer heat under the canopy of redwood and other tall trees with docents Noa Doitel and Steve Brugler on this 6.5-mile, moderately-strenuous hike. You'll start your hike along the cool stream of Purisima Creek Trail before the ascent up Borden Hatch Mill Trail (approximately 1,000-foot elevation gain). After a stop for lunch at the top you'll descend on Grabtown Gulch Trail back to Purisima Creek Trail. Reservations are required and will be accepted on or after July 2.

Introductory Geocaching Hike

Saturday • July 18 **Los Trancos** 10:00 am - 2:00 pm







(Join docents Sarah Schoen and Kim Borick. and REI Outdoor Instructor Steve Wood, and please see the activity description for June 28.) (Note: This activity includes some off-trail hiking; long pants are recommended.) Reservations are required and will be accepted on or after July 2.



Monte Bello Open Space Preserve

Moth Night at Monte Bello

Saturday • July 18 Monte Bello 8:15 pm - 12:00 midnight









The fourth annual National Moth Week is July 19-27. Join docents Debbi Brusco, Jack Owicki, Jan Hintermeister and additional docents to discover nocturnal moths and other night flying insects. You'll observe critters attracted to a special light, and photograph them if you like. See nationalmothweek.org for more information. There will be an optional short trek to the sag pond for a sense of a night hike. Bring a chair or ground cover to sit on, snacks, flashlight with a red cellophane cover, a camera, and close-focus binoculars if you have them. The main activity takes place at the parking lot, so you may leave the lot before the end time. Reservations are required and will be accepted on or after July 2.

Stop In and Explore

Saturday and Sunday July 18 and 19 **Daniels Nature Center** 12:00 noon - 5:00 pm







(Please see the activity description for June 6.)

Ferns and Other Ancient Plants

Sunday • July 19 Monte Bello 10:00 am - 1:00 pm





As you walk down into Stevens Creek Canyon, docents Debbie Mytels and Sara Witt will help you learn to identify various ferns and other plants that evolved before flowers graced the Earth and you'll see what flowers still exist in mid-summer as well! You'll travel down the Stevens Creek Trail and return via the Canyon Trail, passing a sag pond and an old orchard on this 3.5-mile hike.

Three Trees, a Rock, and a Shrub

Sunday • July 19 El Corte de Madera Creek Meet: Skeggs Point 10:00 am - 2:30 pm





Join docents Cathy Brown and John Wertzler on this invigorating and enlightening 5-mile hike through the beautifully dense mixed evergreen forest of this Preserve along the Tafoni, Fir, and other trails. You'll do a deep dive on the dominant trees in the forest and visit an incredible geological structure that used to be off the coast of Los Angeles beneath the sea some 30 million years ago. Dress in layers and be prepared for possibly warm weather. Bring a lunch and plenty of water.

Under the Firs and Sandstone Views

Wednesday • July 22 El Corte de Madera Creek Meet: Skeggs Point 9:00 am - 12:45 pm



Enjoy a shaded hike with viewing of a tafoni sandstone formation, redwood and firstrees, and ferns. Join docents Liz Foreman and Toni Gooch to explore the variety of plants and trees in this popular Preserve as you hike along the Tafoni, Resolution, and Fir Trails. The hike will cover 6 miles with steep and uneven terrain, including several hill climbs. This will be a moderately-paced hike.

Walk with a Doc

Saturday • July 25 Windy Hill Meet: See text below 10:00 am - 11:00 am







(Please see the activity and program description for July 11.) (Note: this activity will meet at an offsite location directions will be provided when you sign-up). Sign-up at smcma.org/calendar/ smca-events/walk-with-a-doc-signup or by phone (650) 312-1623.

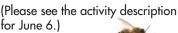
Stop In and Explore

Saturday and Sunday July 25 and 26 **Daniels Nature Center** 12:00 noon - 5:00 pm











AUGUST

Stop In and Explore

Saturday and Sunday August 1 and August 2 **Daniels Nature Center** 12:00 noon - 5:00 pm







(Please see the activity description for June 6.)

Earthquake Hike

Sunday • August 2 Los Trancos 2:00 pm - 4:30 pm





(Join docents John Wertzler and Strether Smith, and please see the activity description for June 7.)

Explorer Hike: Summer under the Redwoods

Wednesday • August 5 **Purisima Creek Redwoods** Meet: Purisima Creek Road entrance 10:30 am - 2:30 pm







Escape the heat and join docents Lynn Jackson, Kate Gudmundson, and Laura Levin for a 5- mile hike up the lovely Purisima Creek Trail. You'll enjoy the natural beauty, learn a bit about the Preserve history, and have time for some quiet reflection as you ascend to a lunch spot on the Craig Britton Trail. Reservations are required and will be accepted on or after July 22.

Walk with a Doc

Saturday • August 8 **Pulgas Ridge** Meet: See text below 10:00 am -11:00 am









(Please see the activity and program description for July 11.) Sign-up at smcma.org/calendar/smca-events/ walk-with-a-doc-signup or by phone (650) 312-1623.

Girls' Night Out

Saturday • August 8 Russian Ridge 5:00 pm - 10:30 pm







Join docents Debbi Brusco, Katherine Greene, Lynn Jackson, and Vivian Neou for an evening out in open space. You'll hike up and down Ridge Trail and other trails at a moderate, sometimes leisurely pace. Bring your favorite treat to share! On the return portion of the hike, you'll quietly keep an eye out for wildlife and take occasional peeks at the stars. This hike will cover about 6 miles. Bring your dinner, a flashlight with red covering if you have it, and ground cover to sit on. Reservations are required and will be accepted on or after July 23.

Stop In and Explore

Saturday and Sunday August 8 and August 9 **Daniels Nature Center** 12:00 noon - 5:00 pm







(Please see the activity description for June 6.1

Summer Ride at ECdMC

Sunday • August 9 El Corte de Madera Creek Meet: Skeggs Point 10:00 am - 2:00 pm







Explore the shaded forests and challenging single-track trails of this beautiful Preserve on your mountain bike with docents Dave Kocsis and Patty Lovelace. This intermediate/advanced level ride takes you through mixed evergreen and redwood forests, passes lush riparian habitats, then climbs back to a vista point with a sweeping view of the Pacific Ocean before returning to your starting point. The total distance will be about 13 miles with more than 2,000-feet of climbing. Reservations are required and will be accepted on or after July 23.



Russian Ridge Open Space Preserve

Scenic Aerobic Hike

Wednesday • August 12 El Corte de Madera Creek 10:00 am - 1:00 pm



(Please see the activity description for June 10.)

No-Guilt Hike

Thursday • August 13 **Pulgas Ridge** 2:00 pm - 4:30 pm





After completing your morning errands, you can enjoy a stroll through several natural communities at this lovely Preserve. Docents Kandis Scott and Mike Álexander will lead you through a varied California landscape during a short 2.6-mile hike along the Cordilleras, Polly Geraci, Dick Bishop, and Blue Oak Trails.

Umunhum Barlow Explorer

Saturday • August 15 Sierra Azul 8:30 am - 1:00 pm





Join docents Greg Azevedo, David Schwaderer, and Huey-Shin Yuan for an uncommon hike around Mt. Umunhum via Barlow and Woods Roads. This 5-mile hike with many short breaks and wonderful views includes trail sections that are steep with varied surfaces. You'll begin your hike along Mt. Umunhum Road near the Bald Mountain trailhead and continue to Barlow Road to hike down to the parking lot. Participants are advised to carry ample drinking water. (Note: Participants will carpool to the hike's starting point.)

Insect Exploration Hike

Saturday • August 15 Picchetti Ranch 10:00 am - 12:00 noon





(Join docents Sara Witt, Paul Billig, Gerri Tiernan, and Debbi Mytels and please see the activity for June 13.)

Introductory Geocaching Hike

Saturday • August 15 Skyline Ridge Meet: Russian Ridge 10:00 am - 2:00 pm









(Join docents Lyndall Erb and June Cancell, and REI Outdoor Instructor Steve Wood, and please see the activity description for June 28.) (Note: This activity includes some off-trail hiking; long pants are recommended.) Reservations are required and will be accepted on or after July 30.

Stop In and Explore

Saturday and Sunday August 15 and August 16 **Daniels Nature Center** 12:00 noon - 5:00 pm









(Please see the activity description for June 6.)

A Sense of Community -**Purisima Creek Redwoods**

Tuesday • August 18 Purisima Creek Redwoods Meet: North Ridge parking lot 9:30 am - 1:30 pm





Enjoy some shade and the serenity of summer at Purisima Creek Redwoods, Join docents Lina Mesa and Liz Foreman on this 7.2-mile, strenuous-paced hike with big

changes in elevation and uneven terrain. You'll explore a variety of natural communities including redwood forest. You'll observe and learn about the plants, trees, and animals in these various communities. You'll hike the North Ridge, Harkins Ridge, and Whittemore Gulch Trails.



Purisima Creek Redwoods Open Space Preserve

OUTDOOR ACTIVITIES SUMMER 2015





Russian Ridge Open Space Preserve

Hotel California

Saturday • August 22 Long Ridge 9:00 am - 1:00 pm







You'll walk the Peter's Creek Trail Loop with a stop at the Wallace Stegner memorial bench with docents Ed Lange and Theresa Walterskirchen. This 5-mile hike will include a lunch break and discussion of the California missions established as a result of the Portola Expedition of 1769.

Cool Summer Workout

Tuesday • August 25 Purisima Creek Redwoods Meet: North Ridge parking lot 10:00 am - 3:00 pm





Join docents Huey-Shin Yuan and Vivian Neou for a fast-paced exploration of giant redwoods and enjoy cool air on a hot summer day. This is a 10-mile, 1,500-foot elevation gain workout along Whittemore Gulch, Purisima Creek, Craig Britton, Harkins Ridge, and North Ridge Trails with a refreshing lunch break among the redwoods.

Stop In and Explore

Saturday and Sunday August 22 and August 23 12:00 noon - 5:00 pm









(Please see the activity description for June 6.)

Quiet Solitude

Friday • August 28 La Honda Creek Meet: See text below 9:30 am - 1:00 pm









Come experience this peaceful and serene Preserve. You and fellow hikers will likely be the only people visiting. Docents Bill and Marilyn Bauriedel, and Farhana Kazi will take you on a 4-mile hike to a few of the special features of this property including old farm buildings, rolling hills, and a vista point with one of the best views of the San Gregorio Creek watershed. You'll also visit an old growth giant redwood. Be prepared to be impressed when you measure its circumference. (Note: Directions to meeting location will be mailed.) Reservations are required and will be accepted on or after August 13.

Redwood Oxygen

Saturday • August 29 Purisima Creek Redwoods Meet: Purisima Creek Road entrance 10:30 am - 3:30 pm









Find out why you'll be breathing some of the cleanest air in the world on this hike with docents Bob Segalla, Sam Berry, and Theresa Walterskirchen on the Purisima and Craig Britton Trails. This moderately-paced, 5.3-mile, 500-foot elevation change hike is suitable for capable children and has a downhill return. Reservations are required and will be accepted on or after August 13.

The Bats at Alpine Pond

Saturday • August 29 Russian Ridge 6:00 pm - 8:30 pm



Join docents Karen DeMello and Jan

Hintermeister to learn some facts and dispel some myths about the world's most misunderstood mammal: the bat. As the sun goes down, you'll hang out near the David C. Daniels Nature Center to see whether bats appear over Alpine Pond, returning to your car before darkness sets in. Bring binoculars if you have them.

Moonlight Ramble

Saturday • August 29 Monte Bello 7:00 pm - 10:00 pm







Join docents Linda and Glenn Wegner, Dave Kocsis, and Patty Lovelace on this 5-mile hike to Black Mountain with approximately 600-feet of climbing. Bring water, a flashlight with a red cellophane cover (no headlamps please), and dress in layers for late evening chills. You'll enjoy beautiful vistas and the silent surroundings as the moon rises on this hike along fire roads and single track trails. Suitable for capable children 12 years and older. Reservations are required and will be accepted on or after August 13.

Stop In and Explore

Saturday and Sunday August 29 and August 30 12:00 noon - 5:00 pm









(Please see the activity description for June 6.)

Nightime Photography HIke

Sunday • August 30 Monte Bello 5:30 pm - 10:30 pm







Join docents Vivian Neou, Jack Owicki, and Greg Hughes for a photography night hike. Want to photograph a simultaneous sunset/moonrise from the Black Mountain summit? There may also be fluorescing insects and other interesting photo subjects. If the skies cooperate, you'll end the evening with some astrophotography. This 4-mile round trip hike is intended for novice and experienced photographers – all levels are welcome. Be sure you are able to hike with your tripod/lenses, etc., and bring your camera's instruction manual for reference if needed. Reservations are required and will be accepted on or after August 13.



Long Ridge Open Space Preserve

SIXTH ANNUAL PHOTO CONTEST WINNERS

Thank you to all who participated in the photo contest this year! We received over 350 submissions in five categories. With so many beautiful photos to choose from, it was difficult to pick just one! We'd like to congratulate the following winners. View these photos, along with the honorable mentions, at www.openspace.org/contest.

Winner in each category will receive a GoPro HERO Camera.



Mobile Device Photography — Noah Suttmann
"The Lost Trail"
Windy Hill Open Space Preserve



Plant Life — Lanette Otvos

"Forget Me Not My Lady"

Purisima Creek Redwoods Open Space Preserve

Do you have a favorite spot to recommend? A Midpen subject you would like more information on? We want to hear from you. Please send your ideas and questions to info@openspace.org.



Landscapes — Charlie Theodorovich

"Bathed in Blue Dusk"

Long Ridge Open Space Preserve



Wildlife — Clair Waagen
"Take Off"
Stevens Creek Shoreline Nature Study Area



People — Jing Liu
"Somewhere Over the Rainbow"
Fremont Older Open Space Preserve



Midpeninsula Regional Open Space District

330 Distel Circle

Los Altos, California 94022-1404

Phone: 650-691-1200 • Fax: 650-691-0485

E-mail: info@openspace.org Web site: www.openspace.org





Visit us on our Web site for Outdoor Activities, preserve maps, volunteer opportunities and more.











We're updating our website with a fresh new look! Upgrades include easier navigation and better search functionality, and the content will be organized into four case to provide a second content will be organized into four case to provide a second content will be organized into four case to provide a second content will be organized into four case to provide a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be organized into four case to be a second content will be a second content with the second content will be a second content with a second content will be a sec and the content will be organized into four easy-to-navigate sections:

- Visit a Preserve everything you need to know about the open space preserves;
- What To Do information about events, activities, and all there is to do in our preserves, featuring a new calendar that allows you to see everything happening at the district in one place;
- Our Work updates on open space projects, including Measure AA; and
- About Us your guide to the day-to-day operations of the District.

Best of all, the new site will be mobile-friendly, so it looks great and is easy to read on your smartphone or tablet!





HEALTHY PARKS, HEALTHY PEOPLE

Top Four Ideas for a "Go Outside" Summer

re your kids stuck to the couch this summer? Get them up and moving, out the door, and onto one of A Midpen's preserves!

You don't need expensive gear or special instructions to take your kids hiking. Just grab some comfortable, closed-toed shoes, wear sunscreen, bring water, and hit the trail. With kids, patience is the key, so don't worry about going fast or far.

Inspire Curiosity

A parent's excitement is contagious to their children, and when we show awe in nature, our children follow suit. Encourage questions you don't know the answer to: "I don't know! Let's find out together," is a great way to get started. Be open to a mutual adventure!

Take Pictures

Some kids really connect with nature when they see it through the lens of a camera. There's something about capturing an image on the screen that helps kids see the smallest details and the grandest landscapes with greater clarity.

Go Bird Watching

While some kids like to watch nature through a camera lens, others love to view it through binoculars. Bird watching is a lot of fun for kids because it gives them a chance to see wildlife right in their own backyards.

Find Art In Nature

The outdoor world offers endless possibilities, from sketching what you see to using natural materials in creative projects. Try making leaf prints or taking rubbings of a rock or different tree barks.



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